





























**Platinum Fitness SouthEast**  
**GROUP X**

Time	MON	TUE	WED	THUR	FRI	TIME	SAT	SUN
8:30 AM	 55 min - Lynne	 55 min - Nubia	 55 min - Elizabeth	 55 min - Mary	 55 min - Guille	8:30 AM	 55 min - Stephan	 55 min - Mary
9:40 AM	 55 min - Adrian	 55 min - Carol	 55 min - Dotti	 55 min - Carol	 55 min - Mari	9:35 AM	 55 min - Heidi&Team	 55 min - Debbie
12:00 PM	 55 min - April		 55 min - April			10:30 AM		 55 min - Elizabeth
5:30 PM	 55 min - Guille	 55 min - Michelle	 30 min - Heidi Starting 2/5	 55 min - Stephan		10:40 AM	 55 min - Dotti/Mari	
6:00 PM			 55min - Kim					
6:30 PM		 55 min - Heidi&Julie			 55min - Brittany			
6:35 PM	 55 min - Mary							
6:40 PM				 55 min - Alyse				
7:00 PM			 55 min - Lynne					

Revised 01/13/2020