




# Northwest Group Fitness Schedule STUDIO C

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
5:30am	 <b>SPINNING</b> Debbie		 <b>SPINNING</b> Debbie		<b>LES MILLS RPM</b> <sup>®</sup> Kimberly		
9:00am						<b>LES MILLS RPM</b> <sup>®</sup> Kimberly/ Team	
9:30am	<b>LES MILLS RPM</b> <sup>®</sup> Kimberly		 <b>SPINNING</b> Jen M.		<b>LES MILLS RPM</b> <sup>®</sup> Jen M.		
5:45pm		<b>LES MILLS RPM</b> <sup>®</sup> Jen Becker		<b>LES MILLS RPM</b> <sup>®</sup> Amanda			