










Northwest Group Fitness Schedule STUDIO C

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
5:30am	 SPINNING Debbie		 SPINNING Debbie		LES MILLS  RPM [®] Kimberly		
9:00am						LES MILLS  RPM [®] Kimberly/ Team	
9:30am	LES MILLS  RPM [®] Kimberly		 SPINNING Jen M.		LES MILLS  RPM [®] Jen M.		
5:45pm		LES MILLS  RPM [®] Jen Becker		LES MILLS  RPM [®] Amanda			